

## **Tanning Contraindications**

### **CONTRAINDICATIONS; TANNING IS NOT RECOMMENDED FOR INDIVIDUALS WITH THE FOLLOWING CONDITIONS:**

- Have tanned outdoors or at another tanning bed within the last 48 hours.
- Are currently pregnant.
- Are currently taking medication that is photosensitizing.
- Have ever developed a rash, blister, an allergic reaction or sun poisoning from tanning.
- Being treated for a condition where UV light or excessive heat will pose a problem.
- Have ever had skin cancer, family history of skin cancer or malignant melanoma.
- Persons ages 14 years or younger.
- Persons suffering from acute sunburn.
- Persons with Skin Type 1 and cannot tan without getting a sunburn. (Fair skin tone; naturally red hair)
- Persons who have a predisposition towards sunburn.
- Persons with present open wounds or lesions.

\*WARNING: Persons repeatedly exposed to UV radiation should be regularly evaluated for skin cancer.

DANGER: Ultraviolet radiation. (1) Follow Instructions. (2) Avoid overexposure. (3) As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. (4) Repeated exposure may cause premature aging of the skin and skin cancer. (5) Wear protective eyewear. Failure to may result in severe burns or long-term injury to the eyes. (6) Medications or cosmetics may increase your sensitivity to the ultraviolet radiation. Consult with a physician before tanning if you are using medications or have a history of skin problems or believe yourself especially sensitive to sunlight. (7) If you do not tan in the sun, you are unlikely to tan from use of this product. (8) Persons 15 years – 17 years of age will require a parent consent form.